

### **OUTDOOR ACTIVITIES CATALOG**









#### HIKING

Enjoy Lakes and Mountains with breathtaking trails for all levels.

#### **MTB and E-BIKING**

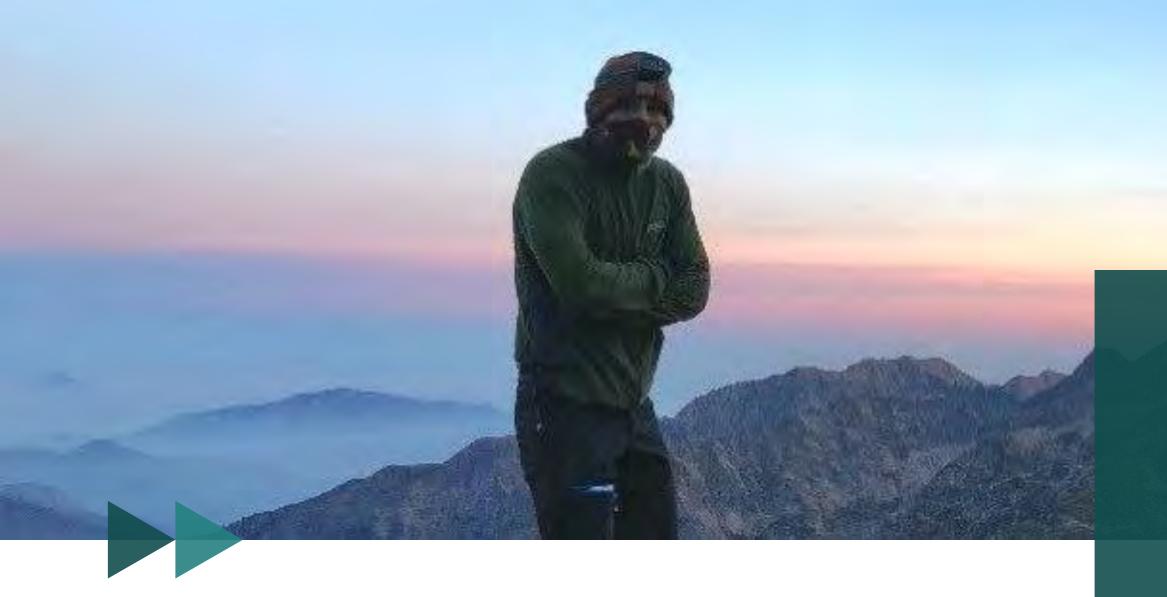
Trails or roads? Leg power or Ebike? Hop on and explore with us!

#### **KAYAKING and SUP PADDLING**

Move to the course of the lake. Explore its inlets with the rhythm of a paddle.

#### **BOULDERING**

Lakeside blocks of an array of difficulties. You'll never have to give up your hiking boots again!



## LAQUA HIKING TRAILS

Our resort is a great home base for exploring the trails around the lake... loads of unforgettable experiences, step by step.

### HIKING

Hiking is a physical and recreational activity involving walking through the countryside and hills, along unfamiliar ways not typically accessible by conventional modes of transportation (footpaths, long-distance routes, byways, mule tracks, horseback trails, etc.).



### SENTIERO DEGLI GNOMI (THE GNOME TRAIL)

3km 300m D+

Little ones will love this magical trail and adults will enjoy its charm. Nestled in an enchanting setting, you'll be guided by friendly gnomes to the Mastrolino alpine pasture. This beautiful *baita* (hut), in addition to the playground overlooking the lake, is home to many animals living freely in the clearing.



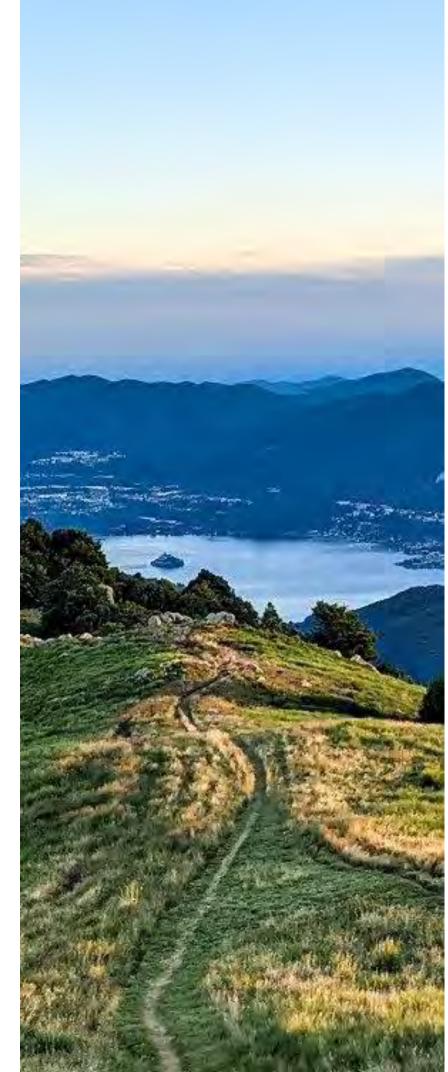




12km 1200m D+

Treat yourself to a day of hiking without ever having to give up the view of the lake. From the peak of Mottarone, you can enjoy a view of the many lakes dotting this Lake District.







#### VALLE DEI PINOCCHI

#### 15km 1900m D+

The "Valley of the Pine Needles" follows an uphill road to Campello Monti, a charming little hamlet that leads on to pristine, unspoiled surroundings. Hike up its peaks and marvel at its alpine lakes along this wondrous trail.





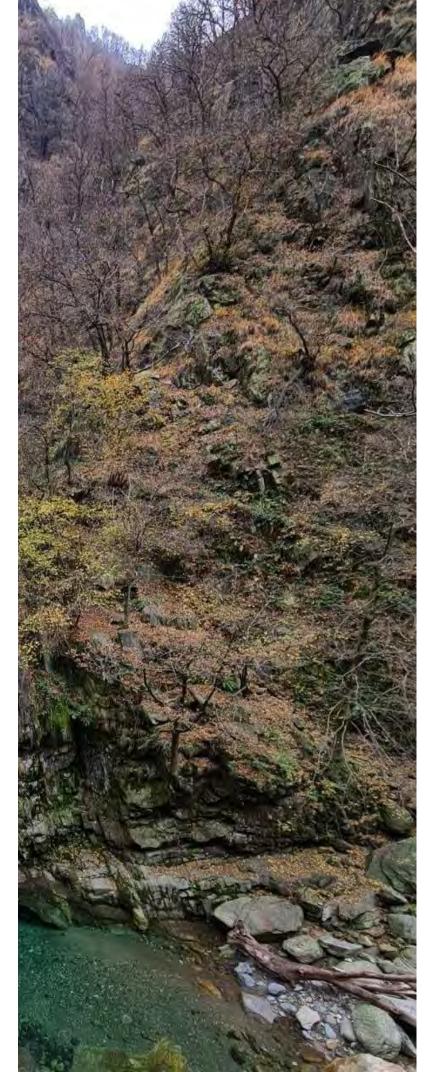


#### INTO THE WILDERNESS

#### 15km 1900m D+

The Val Grande conceals its treasured secrets among the peaks bordering its boundaries as it pushes the madness of today's world from its heart. Getting lost in Europe's largest wildland will let you experience emotions from the past ... where communicating wasn't done via phones and Internet ... and traveling was done with the pace of trails and mule tracks.







# LAQUA BIKE TRAILS

Lake Orta is home to magnificent trails, both off-road and not, for those wanting a go or for serious athletes, set amidst breathtaking surroundings that will amaze you pedal after pedal. Biking and Mountain Biking are an excellent, and environmentally friendly, way to cover considerable distances while keeping in touch with nature ... an opportunity for fun, well-being, and a dash of adrenaline.

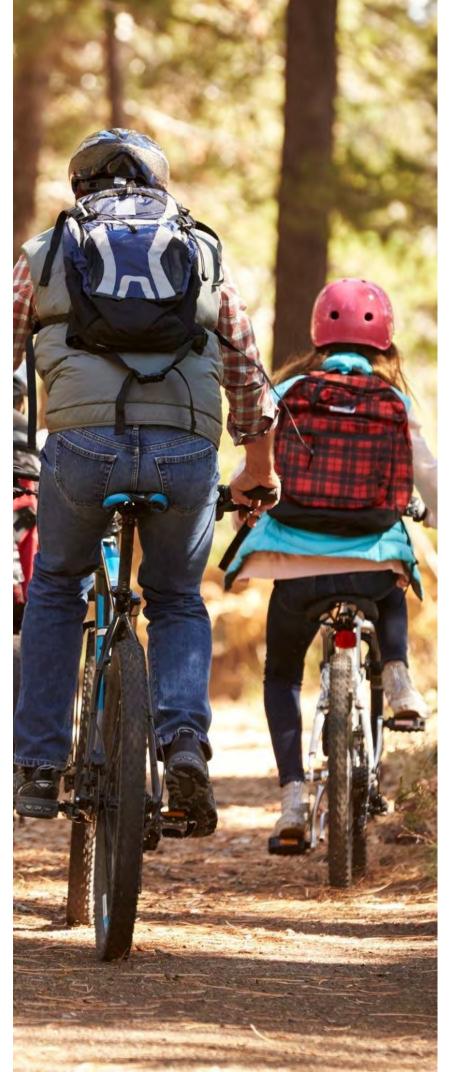


### MONTE BARRO

#### 15km 600m D+

Just a stone's throw from home, Monte Barro is a maze of little paths overlooking the lake where you can whiz down two wheels and try your hand at off-roading.



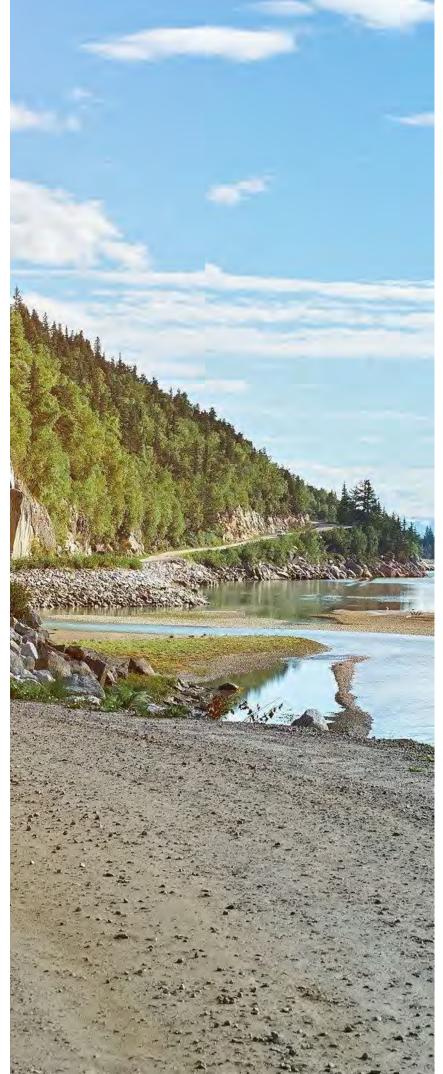




#### 35km 500m D+

The Girolago is the best way to explore every bit of the shoreline surrounding our favorite body of water. This trail has a lot of options, with the possibility of including off-road stretches or riding entirely on asphalt.





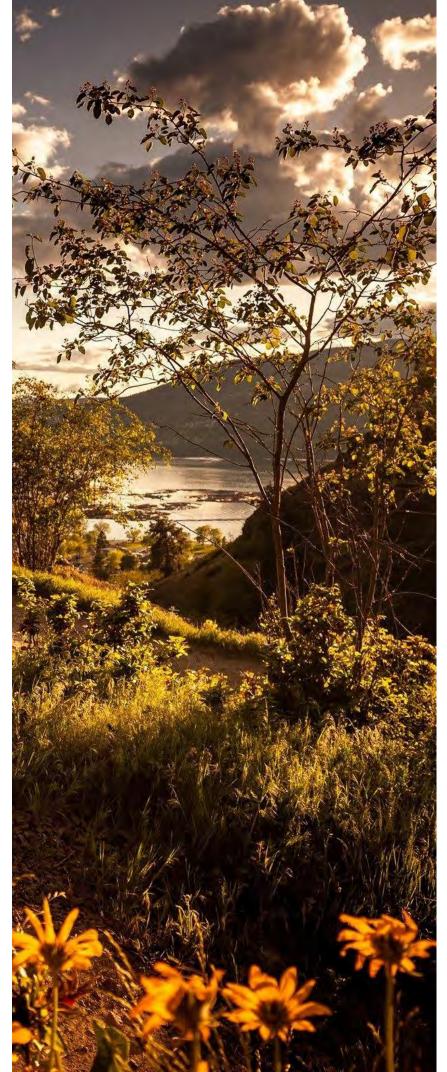


#### LAKE TO LAKE

#### 50km 2000m D+

The Mottarone and Alto Vergante parks are nothing more than a green parenthesis between the crystal-clear waters of two lakes, the symbol of our territory. This route will cast you through a middle land, where nature is a sweet symphony and your bike your instrument to play it with.



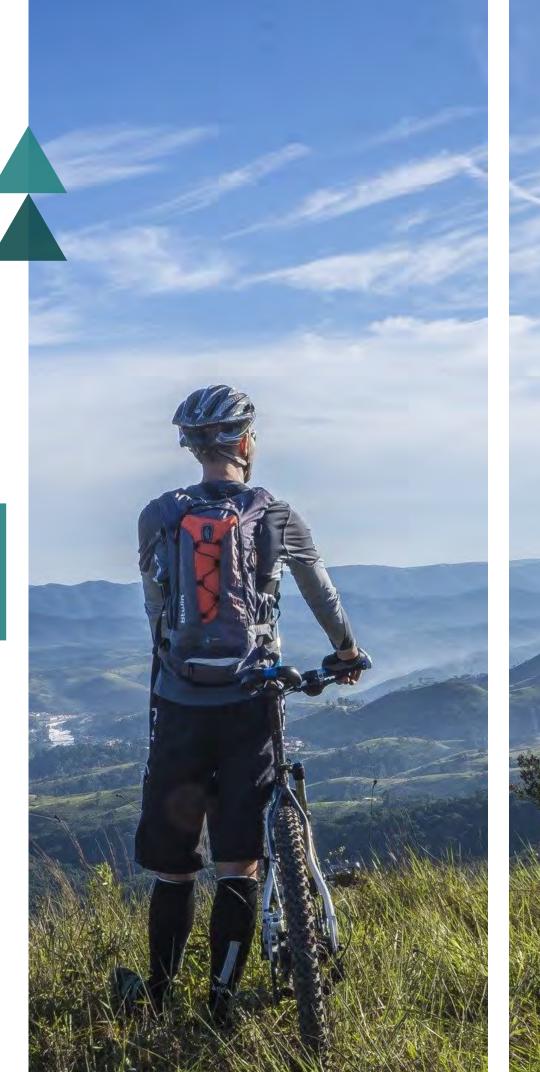




#### ALPE SACCHI

#### 3km 300m D+

This trail climbs along one of the most beautiful ridges in our area, a divide between the gentle shores of the lake and the ruggedness of Vallestrona. Local bikers know exactly which trail is their favorite. And now, it's just up to you to find your own!







# LAQUA PADDLING TRAILS

A stone's throw from the shoreline, water-sports are all about having fun and capture the very soul of our resort... like, a child indulging lovingly in the water, paddle after paddle.

Kayaking and SUP paddling both have much in common, despite being very different from each other. Kayaks provide considerable speed and may be used even in harsh weather conditions. On the other hand, SUP paddling, thanks to your upright position, offers a unique experience. A feeling of one with the water ... a sensation you can only recognize, if you've done it yourself.

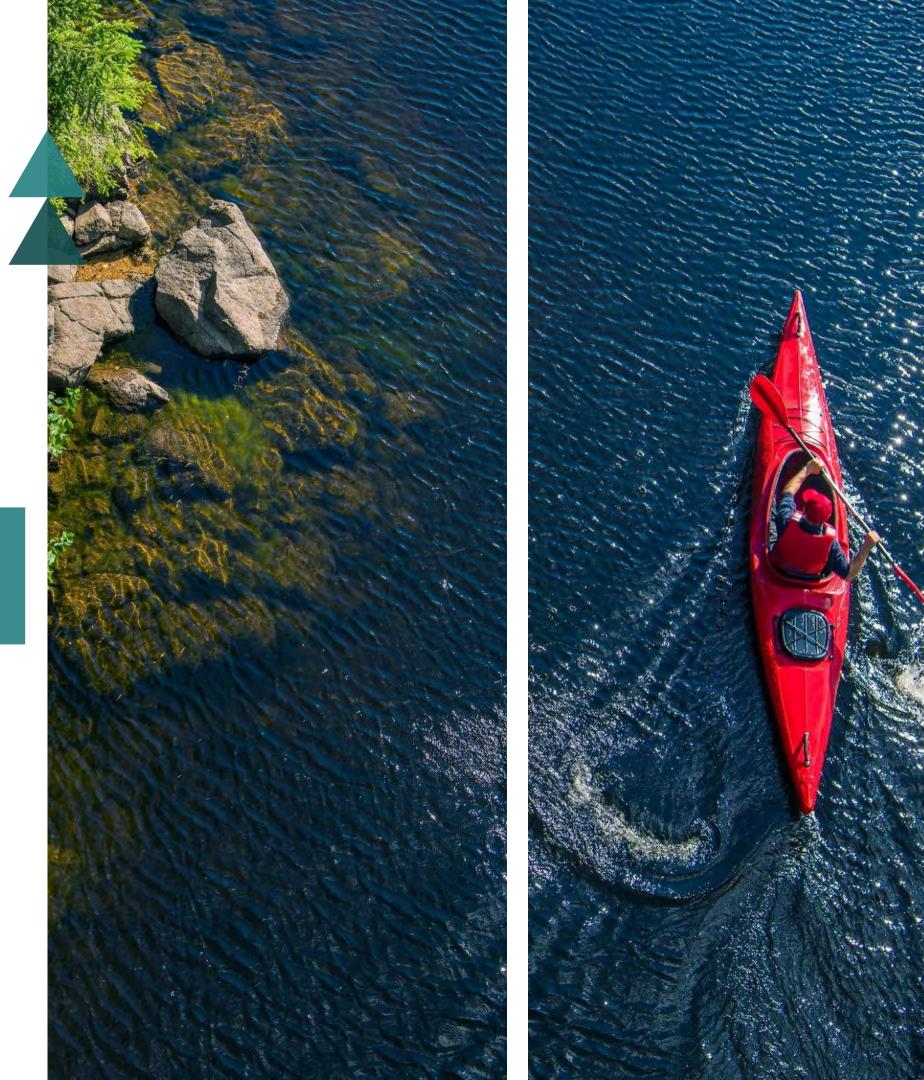
## **KAYAKING**



#### ISOLA DI SAN GIULIO

#### 10km

The island of San Giulio and the mystery surrounding of its origins is without a doubt the most intriguing of our lake. What better way to discover it than by kayak?



### **KAYAKING**



#### 30km

If a static POV of the mainland bores you, why not explore the shores of the lake directly from the water itself? Enjoy the gentle lapping and soothing sounds of the waves. These waters hold mysterious secrets and adventures just waiting to be experienced aboard your kayak.





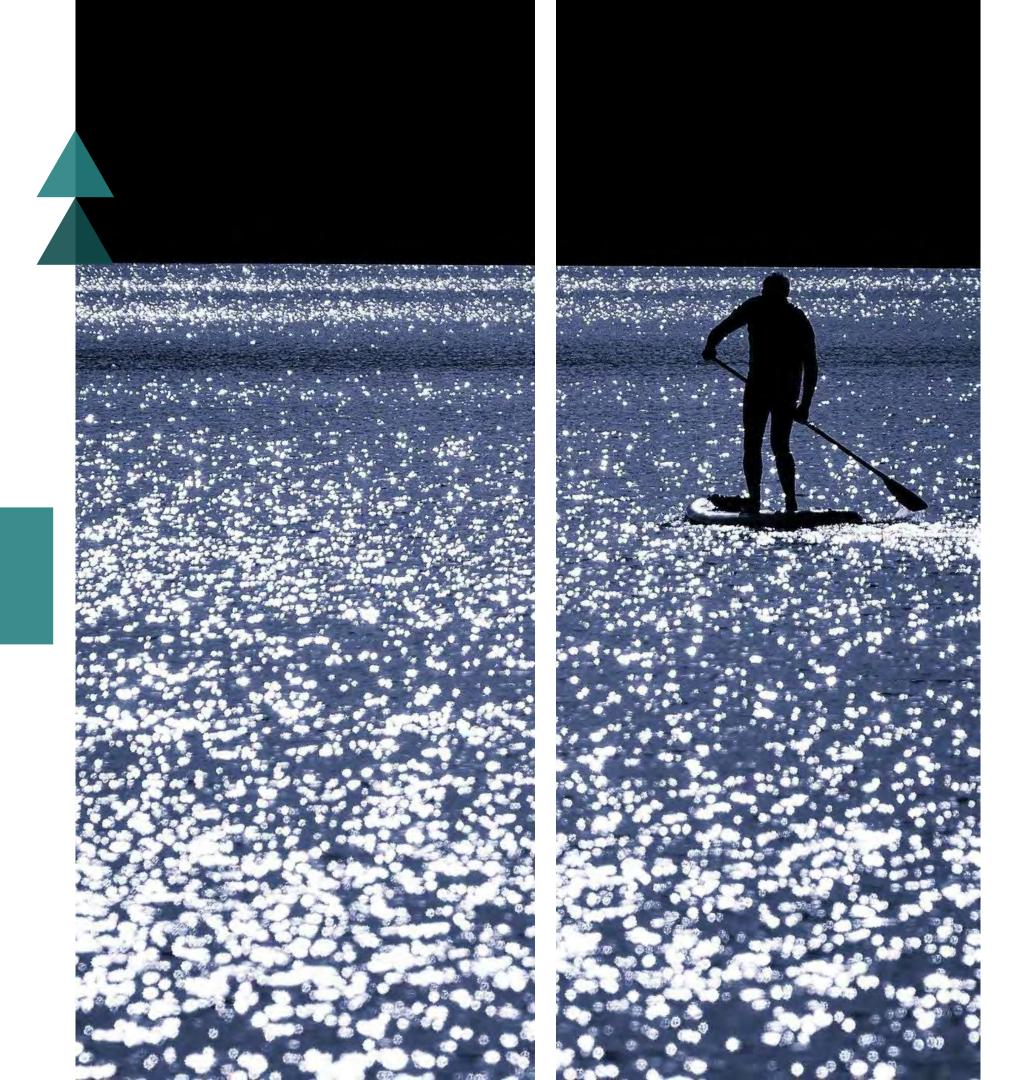
### **SUP PADDLING**



#### MIDNIGHT PADDLE

#### 3km 300m D+

Let the light of the full moon guide you on an adventurous, pirate-like trek. As night falls, the contours of the mountains blur, creating a new backdrop that will only be enjoyed by those brave enough to go out and experience it.





# LAQUA BOULDERING TRAILS

Mottarone is where the southeastern metamorphic rock meets the northwestern granites, resulting in majestic boulders and endless climbing routes, ready to be conquered, grip after grip.

## BOULDERING

Bouldering, rock climbing where the only safety equipment is a mattress. Bouldering might even qualify as an extreme sport. In fact, it is done at heights reaching up to six and eight meters at most, on huge boulders called "high balls."

# **BOULDERING**



### PARCO ROCCIA MOTTARONE

The variety of this rock park promises plenty of challenges for enthusiasts and fun for beginners during a day of safe climbing.

